

The PRACTICE

The PRACTICE clinic serves as a teaching, training and research clinic for faculty and graduate students in our Clinical Psychology, School Counseling, and Mental Health Counseling Programs.

UNLV | COLLEGE OF
LIBERAL ARTS

UNLV | COLLEGE OF
EDUCATION

Our Short-Term Distance Counseling team is available to provide **free** brief counseling to address present concerns stemming from current COVID-19 circumstances, including:

- Anxiety
- Depressive symptoms
- Poor Emotional Regulation
- Grief & Loss
- Familial conflict
- Unhealthy Behaviors
- Lack of Motivation
- Stress
- Compassion Fatigue
- Burnout
- Social Isolation
- Other concerns related to our current COVID-19 crisis

To access our Free Services, please call:

702-895-1532 or Email: the.practice@unlv.edu

and one of our staff members will respond to you during our regular business hours.

Telehealth Services will be offered through the Zoom platform

<https://zoom.us/>

Spanish Speaking Services Also Available

For more information about UNLV *The Practice*, visit: <https://www.unlv.edu/thepractice>